

ADVANCED PAIN CENTER, PA
Pre-Operative Instructions

IT IS YOUR RESPONSIBILITY TO READ THESE INSTRUCTIONS!

- 1. We require a seventy-two hour notice of cancellation.**
2. All patients are to be here 10 minutes prior to procedure time.
3. Do not eat or drink anything for 4 hours prior to procedure.
- 4. Be sure and bathe before the procedure to avoid infection.**
5. If you are on daily medication, you may take them with a sip of water.
6. Please make sure you have a ride home after the procedure.
7. Stop NSAIDS (Motrin, Aleve, Ibuprofen and Aspirin) one week before procedure .
8. If you are on Coumadin or other blood thinners (heparin, pradaxa, Plavix (clopidogrel), ticlopidine, effient, Brilinta, Xarelto, etc) you must speak to your physician regarding stopping this medication. Prior clearance must be obtained from your physician in order to have your procedure. Please have your physician fax this clearance to our office at (432) 333-5200 at least 2 days prior to the procedure.
9. Take pain medication according to prescription after the procedure.
10. Please use cold compress on the day of the procedure and warm compress the following day (only 15 minutes every hour as tolerated) if necessary.
- 11. Following a procedure, if you experience a severe headache, temperature above 100°, any numbness or tingling different from normal, any incontinence of bowel or bladder, please call our office at (432)-333-5200 and follow instructions.**
- 12. For all Diskography, Dorsal Column Stimulators, Pump Implants, IDET and Epidural Lysis of Adhesions patient is to shower the night before and morning of, with Phisoderm (antibiotic) which can be purchased at Walmart or Target.**